




GOVT. KODURAM DALIT COLLEGE, NAWAGARH
DISTT.- BEMETARA (C.G.)



DEPARTMENT OF SPORTS

REPORT OF ENTER – COLLEGE LEVEL POWER LIFTING, WEIGHTLIFTING & BEST PHYSICS (M) COMPETITION	
Academic Year	2024-25
Name of the Activity	Power lifting, Weightlifting & Best Physics (M) Competition
Date of the Activity	07-09/ 11/ 2024
Organized By	S.R.C.S. Arts and Commerce College, Durg
Total No. of Participants	03
Name of the Manager/Coach	Mr. Ajay Kant
Objective	To provide an opportunity for college students to participate in competitive Power lifting Weightlifting and Best Physics (M).
Brief Report	The competition held at S.R.C.S. Arts and Commerce College in Durg on November 7-9, 2024, witnessed the participation of Yogesh Sahu, B.A Ist sem., Om Jaiswal, B.sc Ist sem., and Shivraj Sahu, B.sc IInd year representing the college. All participated in the event, the college player did not secure a place for the university-level competitions. Despite this outcome, his participation served as a valuable experience, allowing him to compete at the inter-college level and gain exposure to competitive Power lifting, Weightlifting and Best Physics(m). While the college player did not advance to higher levels of competition on this occasion, his participation demonstrates the college's commitment to providing opportunities for students to engage in sports and develop their skills. It also highlights the importance of participation and the learning experience gained through competitive sports events.
Outcome	All players participation provided him with valuable experience and exposure to competitive tournament at the inter-college level. Despite not advancing to higher levels of competition, it reflects the college's commitment to providing opportunities for students to engage in sports.
Photographs	



During the competition

MR. MANISHANKAR
GUEST SPORTS ASSISTANT